Give your views on CQC

The government is seeking the public’s views on a number of proposed changes to regulations for the Care Quality Commission registration system, which has been operated by the CQC, has highlighted several issues with regards to the regulations. Effective regulations have not functioned as initially intended, whilst others have had a lack of clarity or impose an “unjustified burden” on providers. In seeking the views of the public and working bodies, it also asks respondents to identify any further issues that should be taken into consideration as part of a wider review which will begin later this year.

The consultation document, which is available online, states: “The proposals include changes to both regulation and enforcement. The consultation is now open to all professionals and the public alike are encouraged to complete. The consultation closes on 7 October, 2011.”

Purpose of the registration regulations review: When the registration regulations were made, a commitment was made to carry out a full review of the operation of the regulations that underpin the registration system within three years.

The document states how the proposal, which was set out when the registration regulations were introduced, is a first step in its commitment to review the operation of the regulations that underpin the registration system in 2012.

The 56-page proposal is followed by an eight-page questionnaire. The following implementation (d) Tackle issues it was not possible to resolve in advance of the regulations being made. Ensure consistency across the regulatory system (f) Ensure that the requirement to register appropriately reflects the risks to those receiving care.

The proposal also states that the government believes opportunities for streamlining the existing requirements, reducing the burden of regulation (b) Consider issues that have emerged with the practical operation of the registration system by CQC. (c) Correct oversights in the drafting of the regulations and possible unintended interpretations of the regulations that have come to light.

The consultation document and the questionnaire can be found at www.dh.gov.uk/en/Consultations/LiveConsultations/DH_128222.

£100,000 helps deprived areas

Twelve organisations have successfully bid for funding from a new charitable fund which will help nearly 20,000 people to improve their oral health.

The British Dental Health Foundation established the ‘Oral Health Education Project’ earlier this year to support the work of local oral health promotion teams across the UK and the project has been made possible by a generous charitable donation of £100,000 from the ‘Wrigley Tooth Fairy Fund’.

The twelve organisations which will receive funding are: NHS Nottingham City will start a project to develop oral health education materials and guidance for primary school teachers and pupils in key Stage One.

Buckinghamshire Primary Dental Service (Milton Keynes Primary Care Trust) will begin a project to support elderly and vulnerable in-patients in five Buckinghamshire hospitals whose oral health is affected by their medical conditions such as strokes and head injuries.

NHS East London and the City (Hackney, Newham and Tower Hamlets) project targets parents of children under the age of one to encourage dental decay and increase the use of dental services.

South Tyneside NHS Foundation Trust will conduct a series of week-long Dental Health Roadshows, funded by the Wrigley Tooth Fairy Fund, for more than 1,000 children, carers, parents, guardians and teachers in special needs schools across South Tyneside, Gateshead and Sunderland.

Northumbria Healthcare NHS Foundation Trust have devised a community project which helps to improve the oral health, knowledge and skills of families living in North Tyneside with some of the poorest levels of oral health.

North Tees and Hartlepool NHS Foundation Trust project is a partnership which will provide 59 primary schools with teaching resources for key stage two pupils to help integrate oral health into the school curriculum. The project will also help to link all schools to a local dental practice and support students at Teeside University Dental School to gain training and work experience during the project.

Northern Devon Healthcare NHS Trust’s project seeks to improve oral health in Ilfracombe, Devon, which has only one NHS Dental Practice and limited current oral health education and promotion activity.

Peninsula Dental School supported by NHS Plymouth, will train up 24 ‘Oral Health Ambassadors’ to work in children centres across Plymouth.

Heart of England NHS Foundation Trust will begin a project which will help to raise the profile and promote the importance of good oral health in a deprived area of North Solihull called Smiths Wood. The area currently does not have a dental practice, and funding from the Wrigley Tooth Fairy Fund will help to create a regular and sustained presence in the ward by training volunteers, developing resources for Health Visitors and encouraging access to dental services.

The funding will also help NHS Sheffield increase the long-term use of dental services by children in Sheffield, allowing them to help train up to 40 health visitors and provide resources to help young assess children at the age of one, two and three. Children in four deprived areas of Sheffield will be provided with vouchers to encourage visits to dentists.

A community project by Healthy Living Network Leeds and supported by NHS Leeds, will help educate 600 children and their families in Leeds about good oral health. The project is supported by volunteers and the Wrigley Tooth Fairy Fund will enable the organisation to continue their charitable work with 60 children’s centres across the city.

US non-dentists ‘illegally blocked from whitening’

According to a recent report, a dental board in North Carolina sent 42 letters instructing non-den- tists to stop providing teeth-whitening services, telling them that they were practising dentistry illegally.

The actions of the Dental Board were taken to court and a decision was made by Chief Administrative Law Judge D Michael Chappell that the North Carolina Board of Dental Examiners had in fact violated the law by trying to block non-dentists in the state from providing teeth-whitening goods or services.

Teeth whitening services are offered by dentists in offices and also as home kits, whereas non-dentists tend to offer the treatment in salons, shopping centres and retail stores.

In the original complaint, which was made in 2010, it was alleged that there were at least six cases when the Dental Board threatened or discouraged non-dentists who were considering opening teeth-whitening businesses.

The complaint also alleged that the Dental Board sent at least 42 letters instructing non-dentists – e-mail owners and property management companies – stating that teeth-whitening services offered in malls are illegal.

One report stated how it was alleged that the Dental Board’s actions reduced the availability of teeth-whitening services in North Carolina, and that the Dental Board’s conduct constituted an anticompetitive conspiracy among the dentists on the Dental Board, in violation of federal law.

It was ruled that the Den- tal Board did not have the au- thority to order non-dentists to discontinue providing teeth whitening goods or services.

As a result of their actions they have been ordered to send follow-up letters to the non-dentists and barred from engaging in the same anti-competitive conduct in the future.
Editorial comment

It is so hard to believe we are in the summer already!

And yes, although the weather recently makes that statement seem a little amusing, you cannot deny the Gregorian calendar and it is telling me categorically that it is summer.

With that in mind, Dental Tribune will be taking a little break while we kick back, sip a little something cool and tall and watch the kids dip their toes in the clear waters of some golden beach. Ok, I’ll be in the Isle of Wight, but I do have a very vivid imagination!

We will be back in September with some great features lined up, including a look at a man who had a powerful influence on how dentistry in the UK developed, especially in the field of Max-Fac surgery.

In addition, look out for an interview with award winning author Michael Young about dentistry, writing and our old pal Genghis.

See you in September.

September is Colgate Oral Health Month

At the British Dental Conference and exhibition held in Manchester, Colgate, in partnership with the British Dental Association, announced the 2011 Colgate Oral Health Month initiative. The theme for 2011 is focusing on ‘The Importance of a Good Oral Care Regime for a Healthy Mouth’.

Research carried out following Colgate Oral Health Month 2010, showed that 90 per cent of respondents from participating dental practices rated the Colgate Oral Health Month initiative to be very good or quite good. These recipients also considered the Colgate Oral Health Month practice packs to be ‘very important’ to the overall initiative.

Colgate Oral Health Month 2011 will run throughout the month of September and Colgate is once again looking to partner with the dental profession by providing Colgate Oral Health Month 2011 practice packs. These practice packs will contain educational materials, motivational stickers, patient samples and materials to help dental teams create their own displays to drive awareness of the initiative within their own practice through creating practice displays.

‘Patients’ Perception and Understanding of Prevention’ will be the theme of the Colgate Oral Health Month 2011 verifiable CPD programme. To participate, visit www.colgateprofessional.co.uk from 1st September 2011 and download this interactive programme.

Register Now! Dental practices who participated during 2010 will automatically receive this year’s practice pack by the end of August. If your practice has not participated before, or your practice details have changed, please contact the Colgate Oral Health Month registration line on 0161 665 5881 by 19th August 2011. Please note that one pack per practice will be delivered at the end of August, subject to availability.

The entire dental team can get involved in the 2011 campaign focusing on ‘The Importance of a Good Oral Care Regime for a Healthy Mouth’.

Practice packs contain educational materials, motivational stickers, patient samples and materials to enable dental teams to create their own display to drive awareness of the Colgate Oral Health Month Campaign.

The 2011 CPD programme ‘Patients’ Perception and Understanding of Prevention’ providing verifiable CPD will be available to download by visiting www.colgateprofessional.co.uk from 1st September 2011.

If your practice has not previously been involved in Colgate Oral Health Month, please call 0161 665 5881 to register by 19th August 2011.

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Dentist caters for special needs

Public Health Minister Michael Matheson has launched a dental service for children with special needs.

In an attempt to remove any fears children with special needs may have, particularly those with autism, Bridgeton Health Centre’s paediatric dental service has been re-designed especially for this purpose. The new design means the centre is calming and child-friendly, and is full of picture books and talking books.

The books play a vital role in the service, as they put the children as ease and allow them to become familiar with the staff, surgery and the dental experience.

The Glasgow centre’s re-developed service is the brainchild of two NHS Greater Glasgow and Clyde staff, Lyndsay O’Reonstone, senior dental officer, and Debbie Connelly, health improvement senior for oral health.

Mr Matheson said: “During the past decade there has been an increasing trend in the percentage of five year olds in Scotland with no obvious dental decay. However, we must continue to do more, particularly to accelerate the improvements in more deprived areas and address the barriers to good dental health for children, to enable us to improve the future oral health of the nation.

“That’s why I’m delighted to be in Bridgeton, Glasgow to launch this innovative new service. I want to thank everyone involved in this project for bringing it to fruition and for the support of staff and parents for making these changes a reality. Through their efforts we are already seeing great improvements in that trip-to-the-dentist experience for children with special needs in this part of the city.”

Ms Connelly said: “Children with autism have difficulty understanding and relating to other people, as well as taking part in everyday family life. And a trip to the dentist can be terrifying for them.

“Children with this condition like routine and find unfamiliar settings very daunting. And in a new environment they tend to experience a sensory overload as they cannot process the sheer volume of new information. Not only is this upsetting for them it is also incredibly distressing for their parents too.”

With the children solely at the heart of this service, questionnaires are also sent to the parent or carer before the visit, allowing the dental staff to tailor the experience to the child’s particular needs.

“For example, if we know in advance what a child’s favourite cartoon character we can arrange in advance to have this playing when the child enters the room, providing instant distraction so the child is relaxed,” Ms Connelly added.

Are computers replacing your memory?

A new study has found that the brain fails remember information as well if the person knows that the information they wish to remember is saved somewhere on a computer. What the study has suggested is that people tend to remember where the information they require is saved, and not what the information is about.

What isn’t yet clear is how these changing memory patterns may change the brain in the long run.

The author of the study, Betsy Sparrow, an assistant professor in the department of psychology at Columbia University in New York City, was quoted saying: “I think [technology] might hurt the type of memorisation that we usually think about, like remembering the name of an actress, but I think there might be some benefits, too.”

“If you take away the mind set of memorisation, it might be that people get more information out of what they are reading, and they might better remember the concept,” she explained.

Sparrow and her co-authors point out that the ways people rely on computers for information is countless: “People automatically think of using a search engine and computers and smart phones to find information they don’t know. It’s as if we’re using those devices as external memory sources, and we wondered if by doing things this way people wouldn’t remember as well,” said Sparrow.

To conduct the study, the researchers designed four experiments. All of the study volunteers were college students. Experiments consisted of trivia questions, identifying words and evaluating the effect of memory when the participant knew that their answers had been saved or not.

Results of the study were published online in Science.

Dental services deteriorate

An urgent survey of the dentists who treat society’s most vulnerable patients has been launched amidst fears that services are being allowed to deteriorate meaning patient care will suffer as a result.

The British Dental Association (BDA) has issued a questionnaire to salaried primary care dentists across England that seeks to gather information on whether cuts are being made to staffing, facilities and services. The survey follows reports of such cuts from attendees at this year’s BDA Accredited Representatives Conference that were echoed at a recent meeting of the BDA’s Salaried Dentists Committee (SDC).

Dr Peter Bateman, Chair of SDC, said: “The feedback we’re getting paints a picture of dental care for vulnerable people being allowed to falter, with staff and equipment not being replaced and some services and facilities even being allowed to close. If this is an accurate picture it will be a significant concern. I urge all colleagues in salaried services to respond to this survey so that we can build a fuller, accurate picture of what is happening across the country.

“Salaried primary care dentists treat vulnerable patients who are often unable to speak up for themselves. If promises that front-line patient care will not suffer are being broken then we must speak up on their behalf to ensure their care is protected.”
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BDA helps to develop next generation

Presidents and Vice Presidents of the Dental Students’ Societies from the UK’s 16 dental schools last week attended a one-day workshop at the British Dental Association’s (BDA) London headquarters.

The 2011 BDA Annual Council of Presidents Meeting, which took place in July, was designed to hone attendees’ leadership skills, helping to prepare them to take on responsibility in their careers, and develop a professional network of peers from across the UK. It provides practical advice on professional leadership and career development and allows delegates to quiz senior figures from the dental profession about their own professional development and factors influencing dentistry.

Speakers at the event included Dr Simon Gallier, Managing Director of Baxi Partnership Healthcare (and former President of the Manchester Dental Student Society), Dr Janine Brooks MBE of the National Clinical Assessment Service (NCAS), and BDA Chief Executive Peter Ward. BDA Student Committee Chair Martin Nimmo and BDSA President Kirpal Benawra also addressed delegates.

Peter Ward said: “It’s a huge privilege to attend this day which serves as a reminder of the energy and verve of the cohort of bright young people currently training to become dentists. It’s important that the profession invests in its future by harnessing, developing and encouraging the aspirations and abilities of these individuals and I am proud that the BDA was once again this year able to host this day. Leadership skills are a vital component of a dentist’s career development and clinical leadership is becoming increasingly important in the dental profession.”

Is this a turbulent time for the NHS?

The commissioning of NHS dental services is experiencing a turbulent period as it contends with structural change in the NHS, the launch of pilots for a new dental contract and pressures on funding. That’s according to the British Dental Association’s (BDA’s) 2011 Dental Commissioning Survey.

The research reflects a shifting landscape for primary care trusts (PCTs), in which more than a quarter (28 per cent) of those questioned said that their commissioning functions had merged with those of other PCTs. Although a very small proportion of respondents (eight per cent) of those questioned reported that clustering had had a negative impact on their ability to respond to local needs, most did not, reporting no change or a positive impact or saying that they did not know what the effect of clustering had been. Half of those questioned said that clustering had improved their ability to manage contracts.

Pilots for a new dental contract also received a largely positive verdict, with 79 per cent of those surveyed stating they believed a new contract based on capitation and quality would increase the quality of care patients receive. More than half (53 per cent) of respondents also believed that such a contract would improve the oral health of the local population for which they are responsible.

The survey did uncover concerns about funding issues, however, with 21 per cent of those surveyed reporting cuts of as much as more than four per cent to their budget for salaried primary dental care, and 18 per cent reporting smaller decreases in the budgets for hospital dentistry. Further details of the survey are available at: www.bda.org/ Images/local_commissioning_pct_survey_2011.pdf

Mouth cancer survivor steps out

Mouth Cancer Survivor Louise Holtaway, 49, a self-employed Mortgage Broker from Bury St Edmunds, is taking part in the 6th annual Mouth Cancer 10km Awareness Walk for the third time this year.

Louise was diagnosed with Mouth Cancer in September 2008. Louise first noticed white patches along the left hand side of her tongue but she like many people just thought it was nothing to worry about. A few months later Louise found that she had got an ulcer in the same area and assumed it was just an everyday ulcer that would go away. However, it did not go way and became more painful. After being pushed into going to see the doctor, the doctor took one look at the problem area and referred her for a biopsy. A month after being diagnosed Louise underwent surgery to remove a part of her tongue as well as a neck dissection to remove lymph nodes.

The Mouth Cancer Foundation 10 KM Awareness Walk takes place at 15:00 on Saturday 17th September 2011, in Hyde Park, London and this year the charity is hoping more than 1,000 people will step out and make a difference.

The walk, which is growing year on year, is designed to increase awareness and through fundraising allows the charity to provide support for mouth cancer patients and carers. People travel from all over the world to support the walk, which has raised in excess of £154,000 over the last five years. There will be FREE mouth cancer screening on the day, plus prizes available for top individual and team fundraisers.

Louise said: “The Mouth Cancer Foundation has been a saving grace for me! Through their support group I have been able to interact with other people in a similar situation as me. It is great to know that I am not alone and there is help and support out there. The main reason that I am doing this walk is to raise awareness of mouth cancer. I had such a great time last year and can’t wait to meet up with people that I met last year.

“I found it unbelievable the amount of people who did not know about Mouth Cancer when I told them about my diagnosis,” Louisa added.

The Founder of the Mouth Cancer Foundation Dr Vinod Joshi said: “The Mouth Cancer 10KM Awareness Walk is a great opportunity for mouth cancer survivors, their families and friends, the public and health professionals to come together and stand up against this debilitating disease.”

To take part in the FREE Mouth Cancer Foundation 10 KM Awareness Walk, visit www.mouthcancerwalk.org

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Dentistry couple bridge the gap

A husband and wife dentistry duo who met at university have hit the books together for a second time 12 years later to bring specialist skills to their practice.

Nigel and Alice Kirk have enrolled onto pioneering postgraduate dental courses at the University of Central Lancashire (UCLan), which will enable them to offer specialities of dentistry at Nigel’s practice in York upon course completion.

Nigel, who has already gained a Masters in Clinical Restorative Cosmetic Dentistry from UCLan’s School of Postgraduate Medical and Dental Education, is now studying for his second Masters degree in Aesthetic Dental Implantology at the University.

His wife Alice is a sedation lead for the Salarter Dental Services across North Yorkshire as well as working in Nigel’s practice. She is currently undertaking an MSc in Oral Surgery at UCLan.

The couple first met in 1999 at the University of Birmingham’s School of Dentistry where Alice was two years ahead of Nigel in her studies. They finally got together when Alice taught at the School and Nigel was in his final year.

Alice commented: “We met whilst training to begin our careers and now all these years later we’re studying together again. It means we’ll have a good range of services to offer to our patients and hopefully stand out as a practice.”

Nigel heads up a fully private dental practice in the centre of York and is a member of the joint dental faculties of the Royal College of Surgeons.

He said: “I undertook my first Masters degree in restorative dentistry at UCLan and I liked the set-up of the courses, especially the flexibility of them, which allows me to fit the course into my daily working life.

“Very few people in the country have a Masters degree in both restorative dentistry and dental implantology; two very closely integrated subjects. Consequently I think I will have much more to offer to both my patients and referring dental practitioners.”

Alice added: “The profession of dentistry has changed an enormous amount over the last few years. With much more emphasis in the media on the appearance of peoples’ teeth in programmes such as 10 Hours Younger; patients expect more and as a dentist you must have the training to undertake these more complex procedures.”

“Because of these changes we have to be able to show that we are committed to moving with the times and are continually developing and expanding our knowledge.”

Both Nigel and Alice in will graduate in 2012. They say that studying together again has been a positive and beneficial experience.

Alice said: “We both know exactly what the other is going through and when one of us needs to get an assignment done we are respectful of this. Although we are doing different courses, we still can help each other knowing how the University works and can give each other advice.”

Nigel added: “My Masters’ courses have given me the confidence to undertake much larger and more complex treatments. My practice is now moving away from general dentistry and leaning towards a lot more referrals and treatments that I wouldn’t have undertaken without the advanced training I have received.”

NHS Lanarkshire won finalist award in Athens

A poster featuring NHS Lanarkshire’s oral health resource for secondary schools was shortlisted for the Bright Smiles – Bright Futures Award, at the 23rd International Congress of the International Association of Paediatric Dentistry (IAPD) held from 15th to 18th June 2011 in Athens. The competition aimed to showcase individual organisation’s creativity in implementing a preventive oral health community programme serving children.

Two DVDs were produced for the resource. ‘The first DVD combined interviews, cartoons, quizzes, documentaries and the opinions of the young stars of the DVD on oral health and nutrition. Video clip from the DVD is available from the following website: http://fpsmedia.org.uk/video-solutions/case-studies/case-study-smile.

The second DVD was adapted for use with pupils that have additional support needs using Makaton – a method of communication using signs and symbols.

There were also two A4-size colour brochures. One contained teaching materials for three oral health sessions, while the other was a set of worksheets with practical ideas for activities to reinforce the learning.

The resource was launched to all schools in Lanarkshire in October 2009. Special needs establishments were given a Makaton version of the DVD.

Tornado blows woman’s braces 100 miles away

An interesting discovery has been by a man, who whilst walking along a beach in Massachusetts, found a bag containing some dental aligners that had been blown 100 miles by a tornado!

Rick Maurice came across the bag containing the braces whilst he was enjoying a stroll along a beach on Tuckernuck Island, off Nantucket. Fortunately the bag was labelled with the dentist’s name, which meant that Mr Maurice was able to track the owner down.

The owner of the aligners, Tammy Lamy, had originally put the braces in wardrobe of her Brimfield home; however, when a tornado struck on 1st June the bag was blown away and was eventually swept out to sea and found by Mr Maurice over a hundred miles away.

According to a report, Dr Scott Smith, the Springfield dentist whose name was on the clear bag containing the aligners, said that he was amazed by the journey the aligners had made.